

Trico's

Tied by Bob Haase



Hook: Daiichi 1100 or Equiv. #20-24

Thread: Black

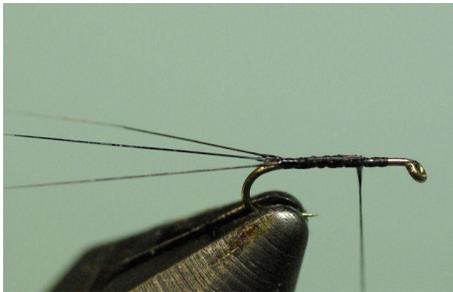
Body: Black razor foam

Tail: Microfibbits

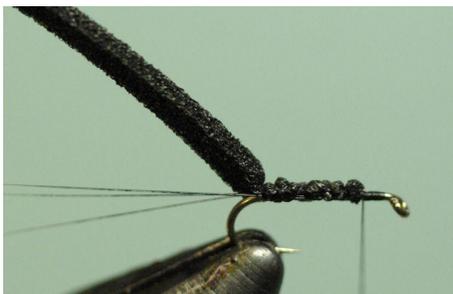
Thorax: Black razor foam and
black ice dub picked out for legs.

Wings: Thin packaging foam white

When you get into a good Trico hatch it can be a lot of fun. What is not fun is when you get into a good Trico hatch and you don't have any Trico's in your fly box. About three years ago I thought I was seeing a Trico hatch on the Bighorn River and somebody at the landing said that I didn't know what I was talking about because there were no Trico's on the Bighorn. This year I forgot to take any Trico flies along with me and I thought I was seeing another Trico hatch. Tom Lager and Mark Peerenboom from the Fox Valley Chapter were there and reinforced that they were Trico's and they had some of the best fishing they have ever had on Trico's. It was our last day on the Bighorn so I did not tie any up that night. This Trico pattern is not as durable as some others, but it floats great and the fish won't mind!



Step 1 - Start the thread and wrap it back to the bend of the hook. Tie in three microfibbets (mayfly tails) as shown. The tails should be slightly longer than the hook.



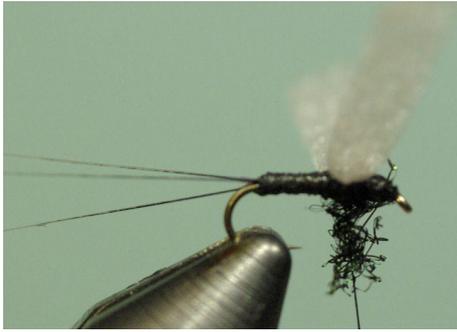
Step 2 - Take some black razor foam or you can take and cut a very thin strip of black craft foam and tie it in as shown. Bring your thread back to toward the eye of the hook.



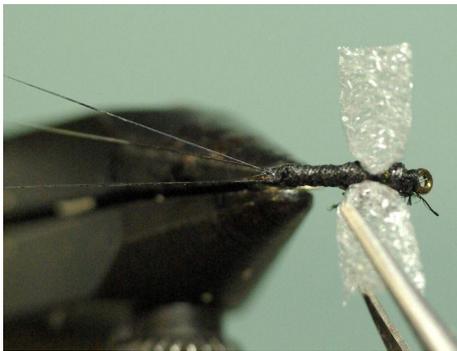
Step 3 - Wrap the foam strip to form the body and thorax . Put enough tension on the foam so that you don't compress the foam too much to reduce the floatation properties, but enough to make as thin as body as possible and build up the thorax larger. Bring your thread to the middle of the thorax.



Step 4 - Take a piece of thin 1/16" packaging foam like you sometimes find wrapped around electronic equipment such as television sets, and cut it to about 1/8" wide. Width of foam is dependent upon the size of the hook you are using. Fold it over your thread and slide it up and bring it into position on the top of the fly as you wrap your thread to secure the wings on top of the fly. Make a few wraps criss-crossing to secure form the wings as shown in the next step.



Step 5 - Put a small pinch of black ice dubbing on your thread and push it up the thread to form a clump at the bottom of the fly. Wrap the thread to form a clump of ice dubbing on the bottom that will be picked out to form the legs. Bring the thread just behind the eye of the hook and whip finish.



Step 6 - Take your scissors and trim the foam wing material to length (equally on each side), and then take the scissors and cut on an angle as shown to shape the wings. Then place a small drop of super glue on top between the wings so that it does not slip and stays in place better.



You now have a Trico that will float in the surface film of the water without any floatant. The first picture shows the fly floating on the surface of the water and it will float there until the next big brown decides to have it for lunch. As I mentioned before, foam is not as durable as other materials, but I think you and the fish will like the way it floats and looks like a Trico.